

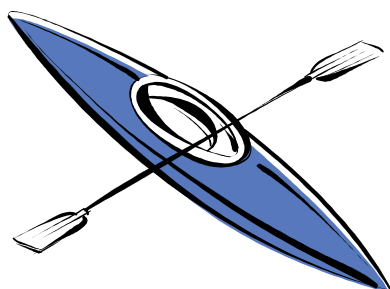


Waiitemata

Canoe & Multisport Club

P.O. Box 83-037, Waitakere 0652 Email: club@wcmc.org.nz
Clubrooms at end of Taipari Strand, Taikata Rd., Te Atatu Peninsula

May 2009



Tuakau to Mercer

9 May 2009

By Adrian Davis

There was a fair turnout at Tuakau considering the forecast with 20 kayakers and 2 rowers on the water for the flat water start. For the first 1 hour 20 we had calm conditions with a gentle following wind for the slog upstream to Mercer. At this time the wind increased to give a hard return leg with up to 500mm waves.

For the rowers they had a harder row to the turn as they cannot keep out of the current like canoes. Several kayakers had caught them by then but the rowers did not manage to get into their stride on the return as the wind battered their craft which gave them some impressive blisters.

All participants enjoyed reaching the finish after a job well done in completing the course.

Thanks to Jeanette for timing, Terry for the marquee, Don, Wally and Rosemary for general help.

Place	Name	Time	Club	Age	Class	Boat
1	Andrew Newick	1:57:00	Waiitemata	CMC	SM	K1
2	Roberto Pansecco	2:00:43	Waiitemata	CMC	VM	K1
3	Adrian Davis	2:04:13	Sunset MS Club	VM	MS1	UFO
4	Matthew Hall	2:06:15	Karapiro Kayak RC	SM	MS1	UFO
5	Alison /Rishan	2:08:36	Waiitemata	CMC	SW	K2
6	Don Lawrence	2:10:15	Sunset MS Club	VM	MS1	Ocean Eclipse
7	Terry Newsome	2:11:55	Waiitemata CMC	VM	MS1	Sharp6
8	Wally James	2:12:09	Sunset MS Club	VM	MS1	Sharp6
9	Nick Pollock	2:16:06	Mercer RC	VM	Rowing Skiff	Singles
10	Bruce Robinson	2:18:05		VM	MS1	Pinnacle
11	Don Strachan	2:20:08	Mercer RC	VM	Rowing Skiff	Singles
12	Robyn /Sarah	2:33:36	Sunset MS Club	VM	MS Double	Insomniac
13	Sam Sharard	2:37:17		SM	MS1	Gladiator
14	Jane Sharard	2:37:23		SW	MS1	Intrigue
15	Kevin Entwistle	2:42:58	Manukau Yakety Yak	VM	SK1	Point 85
16	Sam James	2:46:00	Sunset MS Club	SM	MS1	Supernova
17	David Chandler	3:05:30		VM	Sit on	Prowler
18	Rosemary Davis	3:09:08	Sunset MS Club	VM	MS1	Arrow
19	Michael Oliver	3:09:30		VM	MS1	Advantage
20	Jeannine Wardley	3:21:43	Auckland Yakety Yak	VM	SK1	Tribear

A Rose Between Two Thorns

Tararua Ranges Easter 2009

Having failed in four previous attempts to complete the Three Kings due to ghastly weather, I was particularly keen to succeed this time. Three Kings is on the very rugged north eastern side of the Tararuas. Being additionally deficient, we added in the Northern Crossing, west to east.

Brent (and I) had completed the 100km Oxfam Trailwalk the weekend before, and he had gruesome blisters on his heels which looked like precluding his participation this weekend - but Max and I were surprised at his last minute decision to join us. (Our good charm? Or his foolhardiness?)



Ascending To Snow Line Beyond Te Matawai Hut

An uneventful trip down to Levin on Thursday night allowed an early start on Friday morning. To our amazement, there was heavy snow on the upper ranges - so off we went briskly up the Ohau River, not even giving Brent the chance to take the odd GPS reading (but he affirms that cold water and colder snow is sweet oblivion for tender blistered feet). The river was knee deep at best, with no deep pools to traverse this time. We arrived at the new South Ohau Hut in good time for a snack and to begin our assault of the rather steep Yeats 500 up to Te Matawai Hut where a quick lunch was somewhat thwarted by Brent's skill at how not to pack a pack. Contents were spread everywhere and most needed items were at the bottom.

Finally away and still in very good time climbing to Pukematawai. Me in front, Brent in the middle, and Max tail-end Charlie - our standard travelling order for the trip.

We hit the fresh snow near the top, and our good pace crumbled as we approached Arete, as did the possibility of pushing on to Tarn Ridge Gut that day. With the weather clagging in somewhat and dwindling visibility, we were, instead, delighted to see (the new) 2 bed Arete Bivvy, despite it being already occupied by a hunter and his dog. Max and I top'n tailed while Brent happily took the floor space under the bench top. The subsequent arrival of 2 more trampers who tented outside but cooked inside meant things were rather cozy to say the least! We all survived, although the freeze-dried meal supplied by Brent of beef curry (good) and rice (rancid, smelling of plastic and petrol) left a somewhat unpleasant after-taste. That'll be a letter to Back Country Cuisine!

A still evening with eerily glowing moon was followed by strong winds and low cloud the next day - prompting the Tararua Trampers Test: Can you see the back of the person in front of you? Yes!! Has the wind picked you up and dumped you down? No!! OK - suitable to continue... so we did.

The Waiohine Pinnacles were not too bad, although posed a bigger challenge for myself in company of my longer legged companions. The spectacular views were unfortunately veiled in white all day, but the snow was beginning to melt. Reaching Tarn Ridge Hut for lunch, we encountered a party of hut-bound hunters who, despite extensive choppered-in supplies, were eager to swap beer and apples for some humble tea bags! We obliged, much to their delight. On to Girdlestone, then Three Kings bound for Mid King Bivvy. Brent was finally able to use his GPS to provide some reassurance in the much more rugged terrain with wind and poor visibility challenging our navigation a little.

A horrible, rough descent off the tops down to Mid King Bivvy on the bush line took over an hour, but thankfully we had the lovely orange "dog box" to ourselves - just enough room for 3 with Max's snores reverberating around the humble interior. We were quite reconciled to the return ascent, but all agreed that, in better weather, camping on the tops would have been a more attractive proposition.

And better weather it was for this 3rd day - even quite pleasant, with sun and not much wind! Spotting an orange blob well down a spur, I declared it to be the location of MacGregor Bivvy, although wondered at how close it seemed. When the Bivvy began to move, however, a quick re-assessment favoured "brightly attired hunter"... and we finally spotted the real Bivvy, further away, but much more accessible than Mid King Bivvy.

Ascending Pukematawai



Three Kings Ridge is undulating and steep terrain, slippery, rocky and unstable with the *piece de resistance* being “Broken Axe Pinnacles” a dramatically steep, slick ascent deprived of grass, vegetation and handholds by previous trampers over the years. Our heart-felt trepidation at this most dangerous ascent was, however, assuaged by DOC having declared it too dangerous and routing a somewhat safer detour around the base of the Pinnacles. Brent gratefully declined the invitation, as the newcomer, to proceed via the old path.

Having made good time, and with the snow mostly gone, we dropped our packs at Shingle Slip Knob and descended down off the tops again to visit the site of a crashed Devon (1955) and the graves of the two pilots. This diversion was actually more difficult than I recalled, starting with a fairly steep rocky drop and requiring some “tussock scrub wading” along the way - but an historical site worth a visit nonetheless. We returned to retrieve our packs and make our way to Jumbo Ht before dark (just!).



Jumbo Hut, with gas cooking, head room and space to stretch out was sheer luxury! Clearing skies gave way to spectacular views of the Wairarapa Plains, townships and distant hills.

So guess why Brent had such trouble keeping his pack weight under 18kg as recommended (and failed) on this, his 2nd ever “overnighter”?? Turns out, despite clear instructions about shared meals, he had food for another three days, and enough extra clothing for two trampers!! In his defence, he claims that had tramping between two potentially antagonistic thorns become too intolerable, he could have made an independent bid for freedom and not

gone hungry. As it happens, when the Rose did inadvertently step out of middle tramping order for a while, thereby allowing the thorns to engage in a “lively discussion” about optimal routes, it quickly became apparent that “middle order” was best for the harmony of the party at large!



Carol Conquers Three Kings

The final day saw us descending Rain Gauge Spur to Holdsworth Hut where my daughter picked us up for the trip back round to Paraparaumu for a days rest and clean up (and work on my farmlet). Everyone in fine form, happy, with no extra blisters or sore legs! An especially soothing trip for the two thorns, and a wonderful new experience for the Rose.

We were: Thorns Carol Exton and Max Clark, and Brent Rose.

McGregor Peak



Club Renovations

Blair Roskrige managed to get another grant of \$15,000, this time from the Perry Foundation to do some more renovations in the WCMC club rooms. A huge thank you goes to Blair for all his funding application work.

The ladies changing room has been painted and new shower doors installed. The men's changing room is in the process of being renovated. Carpet has been laid, a breakfast bar and stools have been bought, and the floor in front of the roller door has been painted. Hard to recognise the old place!



Blair & MacKenzie

Events Calendar May - July 2009

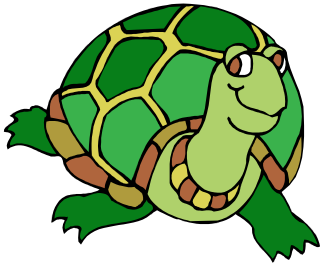
May	28	Mighty Waiau River Race - Grade II Down River Kayak Race, Hamner Springs	neil@multisportcoach.co.nz
Jun	7	Hoteo River Training Paddle Meet 8:30am at Waitemata Canoe Club	Richard Couchman (09) 818 2580
	7	Xterra Trail Run Series Race 2 - Hunua	www.totalsport.co.nz
	7	RATS Winter Duathlon Series Race 1 - Rotorua start and finish at the Waipa carpark at 10am. There are short (3km run, 8km MTB, 1.5km run) and long (4.5km run, 15km MTB, 3km run) course options to choose from and all courses will be off road.	www.rats.org.nz
	13	Lactic Turkey Rogaine Series - Nowhere near Piha	www.lacticturkey.co.nz
	14	N-Duro Winter Series Race 1 - Rotorua MTB 20km or 40km	www.n-duro.co.nz
	28	Turtle Race 11.7km 12pm Start at the Club	Richard Couchman (09) 818 2580
	28	Xterra Trail Run Series Race 3 - Riverhead	www.totalsport.co.nz
	28	The Great Tupperware Race 10am Wairoa River, Hunua	Georgina 021 522 415
Jul	5	RATS Winter Duathlon Series Race 2 - Rotorua	www.rats.org.nz
	5	King of the Mountain - Panmure Run	regonline.activeglobal.com
	11	Lactic Turkey Rogaine Series - Riverhead	www.lacticturkey.co.nz
	12	N-Duro Winter Series Race 2 - Rotorua MTB 20km or 45km	www.n-duro.co.nz
	19	Xterra Trail Run Series Race 4 - Waiuku	www.totalsport.co.nz

Club Executive - 2008/2009

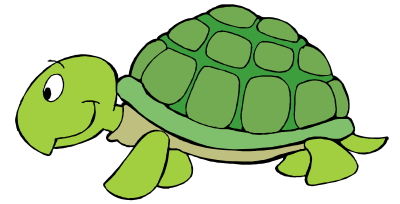
President	Phillip Exeter	09-420-9343	Multisport	Bart Mullye	
Vice President	Andrew Newick	09-832-3190	RIB Manager	Terry Newsome	09-273-0173
Club Captain	Richard Couchman	09-818-2580	Membership	Jim Davidson	021-648-085
Secretary	Louise Mark			Email: club@wcmc.org.nz	
Treasurer			Newsletter	Angela Davidson	09-827-5780
				Email: angela@wcmc.org.nz	

New Members: contact any of the Executive for general information or assistance on club matters.

The Original



Turtle Race

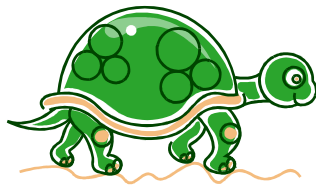


Sunday 28th June 2009

11.7km up the Henderson Creek
plus a 300m portage

12:00pm Start

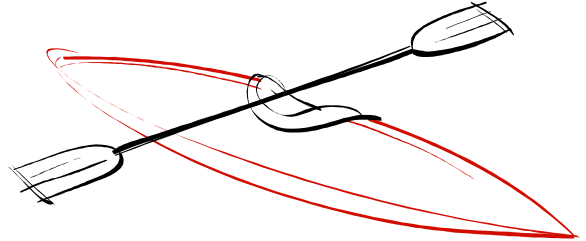
Starts and finishes at the Club Rooms, Taikata Strand



For more information contact
Richard Couchman 09-818-2580

Hoteo River Training Paddle

June 7th 2009



Meet at 8:30am at the Club Rooms, Taikata Strand

Contact Richard Couchman 09-818-2580

K1 for Sale

K1 Eagle Full Carbon \$950ono

Full Package Ready to Go
Foot Pump - Spray Skirt - Paddle

Ph. Richard Couchman (09) 818 2580



Submarines

Squash - Stepped outta his boat... Yeah Right!!!

CLUB KAYAK TRAINING

6:00pm Wednesday time trial/race
7:30am Saturday endurance based session.
Check for details

Coaching available Saturday.
All members welcome.

It's fun, social and extremely beneficial to you.

We would love to see you there!

Or by appointment -
Call Phill 09-420-9343
Or Couchie 09-818-2580

Club RIB - Rescue Boat

The RIB is there to be used by members for
Club events - it needs to be used!

Available for training, races, trips etc.
Charge varies on length of use—from \$50
with driver.

Contact Anne Newsome (09) 273 0173

Grade 2 Certificates for multisport races
See Phill Exeter or call
09-420 9343

Club Gear

Caps \$15 Singlets \$20
Contact Committee Members

Booking Club Boats

Use from the Club is free and also at the Whau River
races.

Away from the Club

Daily Hire is \$20 per seat. \$5 for spray skirt, buoyancy
aids and paddles. Boats cannot be taken on rocky
rivers.

Rules

Club Hire

- You must contact the Club President, Phillip Exeter 09-420-9343
- Complete the hire form and pay for the hire before you take the boat and accessories.

As this is not a commercial venture but a service to the Club members, we request that you report any damage to the boat or accessory equipment to the President immediately upon return of hire. Neglecting to do this will affect your right to hire equipment in the future.

Date	High Tide	Venue
27-05-09	21:48	Club
03-06-09	15:58	Club
10-06-09	21:28	Club
17-06-09	14:01	Club
24-06-09	20:39	Club
01-07-09	14:31	Club
08-07-09	20:23	Club
15-07-09	12:36	Club
22-07-09	19:27	Club

Annual General Meeting

AGM is to be held **June 27th** at the Waitemata Canoe & Multisport Club rooms.
Meeting to start **10:30am**

Meeting will be preceded by a 10km kayak race at 0900 and a BBQ Brunch

Nominations and remits should be in the hands of the secretary (Louise Mark) at least 1 week prior to the meeting.



Nomination Form

For election of officers at the Annual General Meeting of the Waitemata Canoe & Multisport Club
June 2009

Nomination for the position of _____

Nominee _____

Nominator _____

Secunder _____

Name

Signature

Date _____



For a full range of Jantex Paddles made to your requirements contact Terry:

Ph: **021 074 8485**

Email: teran@ihug.co.nz

Also available:

Red 7 and Honcho Surf skis

Rola roof racks with free on-site fitting

Andrew Martin Kayaks

K1 Trainer (the original kayak ergometer)