



## PLUS NEW: 10KM RUN ONLY OPTION

Entries are now open: <http://wcmc.org.nz/south-head-challenge> (HURRY -Early Bird pricing ends Sunday 3 September)

### Long Course

[11 KM Kayak](#) - twice around Lake Ototoa

[25 KM Mountain Bike](#) - through the northern section of Woodhill Forest

[10 KM Run](#) - off-road through Woodhill Forest

### Short Course

[5.5 KM Kayak](#) - one lap of Lake Ototoa

[15 KM Mountain Bike](#) - through the northern section of Woodhill Forest

[4.5 KM Run](#) - off-road through Woodhill Forest

Both courses, and the 10km run, are very achievable for first time multisporters. [Join our club Today](#) and get into training now with a great group of like-minded athletes ready for this year's South Head Challenge.

The South Head Multisport Event is the club's main event. The paddle is on scenic Lake Ototoa, situated off Donohue Road at South Head on the southern tip of the Kaipara Harbour. The runs and mountain bike courses traverse surrounding private forestry land.

With options of a short or long course for individuals or teams, this is a great event for both beginners and experienced multisport athletes. There is even a category for SUPs if kayaking is not your thing!

### Volunteers

We will again be needing volunteers to help with this event. If you, or someone you know can help, please let our South Head Challenge co-ordinator, Alex Huffadine, know by emailing her at [huffadine@gmail.com](mailto:huffadine@gmail.com)

## **OTHER UPCOMING CLUB EVENTS**

### **Bridges Plus Race & BBQ**

Date; Sunday 10<sup>th</sup> September 2017

Time; Registration 9am

Briefing 9.30am

Race Start 9.45am

#### **Course Options;**

Short Course; 12kms-from the jetty up to the falls and return

Long Course; 20kms-from Jetty up to the falls, back to and up the Huruuru Creek, back to the Motorway Bridge then back to the Jetty

Entry Fee; \$20 per paddler

Please email Sean Murphy your intension to enter and the distance you are looking at so that we can make sure we have enough sausages for you! Sean's email: [Rhodos@ihug.co.nz](mailto:Rhodos@ihug.co.nz)

### **Club Christmas paddle and lunch**

Sunday 10 December – Look out for more details in another newsletter. It will be another great opportunity for a bit of socialising and get to know your fellow club members. Order the sunshine now!

### **NZ Marathon Champs 7<sup>th</sup> and 8<sup>th</sup> April 2018**

The last time WCMC hosted this event was in April 2013 and we are excited about having won the right to host this event again next April. We hope we can count on a good turnout from our club members – **you have 7 months to train for it!**

Obviously it's early days yet for exact details, but as a guideline here are the likely start times:

Saturday: Registration 10.30am  
Briefing 11.00am  
Estimated Race start 11.30am

Sunday: Briefing 11.45am  
Estimated Race start 12.15pm

Yippee – you won't even have to get out of bed at the crack of dawn to go racing! How good is that?

## HIGH TIDES

Sat 2 September	03.49
Wed 6 September	19.37
Sat 9 September	09.23
Wed 13 September	12.37
Sat 16 September	03.10
Wed 20 September	19.29
Sat 23 September	09.27
Wed 27 September	13.14
Sat 30 September	03.09
Wed 4 October	19.20
Sat 7 October	09.14
Wed 11 October	12.27
Sat 14 October	15.26
Wed 18 October	19.18
Sat 21 October	10.02
Wed 25 October	11.59
Sat 28 October	14.15

## An apology!



The caption to this photo in last month's newsletter was wrong. I apologise to Julio and Murphy for getting it wrong.

**The correct names are:** Left: L-R; Julio, Sean, Ken, and Herve.

*Photo Erika Currie*

## EVENTS CALENDAR

10 Sept	Revival of the old Bridges Classic, club event, 12 and 20km options
17 Sept	Camridge-Hamilton kayak, <a href="http://www.theboatshed.net.nz">www.theboatshed.net.nz</a>
1 Oct	<b>South Head Challenge, WCMC</b>
14 Oct	Motu Challenge, <a href="http://www.motuchallenge.co.nz">www.motuchallenge.co.nz</a>
14 Oct	Blue Lakes 1 canoe sprints, Lake Tikitapu, Rotorua <a href="http://www.canoeracing.org.nz/events/">http://www.canoeracing.org.nz/events/</a>
13-15 Oct	Torpedo7 Spring Challenge Women's Adventure Race <b>Auckland</b>
22 Oct	Whangamata 3, 6 and 24 hour Adventure Race
28 Oct	Canoe Showdown, Warkworth, 1.30pm start, <a href="http://www.canoeshowdown.co.nz/">http://www.canoeshowdown.co.nz/</a>
4 Nov	The Taniwha, Whakamaru, <a href="http://www.thetaniwha.co.nz">www.thetaniwha.co.nz</a>
5 Nov	Rodney Coast Challenge, <a href="http://www.rcc.org.nz">www.rcc.org.nz</a>
25 Nov	Waikato 100 race; Hamilto to Port Waikato 100km + shorter options <a href="https://www.waikato100.kiwi/">https://www.waikato100.kiwi/</a>
9 Dec	Rasdex Classic River Race, Canterbury, <a href="http://www.arawacanoecub.org.nz/">www.arawacanoecub.org.nz/</a>
10 Dec	Club Christmas paddle and lunch – details to follow
7-8 April 2018	NZ Marathon Championships – hosted by WCMC

## NEW ZEALAND PADDLER SERIES

This news series brings all together the results of multisport, K1 and surf ski races to provide a consolidated ranking for all New Zealand paddlers. The races combine more than 20 of the best down-river, flatwater and surf ski races.

Kayak Krazy 10km races were retrospectively added to the series. Some club members already feature in the rankings: Sean Murphy (1<sup>st</sup> M Masters) and Vaughan Reed 3<sup>rd</sup> in the same category, and Erika a long way further down the list.

More info:

<http://www.paddlerseries.nz/>

<http://www.resulthq.com/Series?seasonName=nz-paddler-series>

The next race, on 10 September, is the Ruamahanga River Race (Wairarapa), a scenic 28 km paddle down the Ruamahanga River finishing just out of Martinborough. With the start moved up river to provide more moving water, it should be a great race.



Details: <http://www.wmsc.org.nz/kayaking/ruamahanga-race>

## SUCCESS OF 2017 WORLD MASTERS GAMES IN AUCKLAND

The 2017 World Masters Games held in Auckland in April were not only good fun and an amazing memory builder for the 28,000 participants over 28 sports and 48 venues, but also a financial success for Auckland and New Zealand. 58% were international athletes; they, plus supporters and officials contributed \$63 million GDP to New Zealand. The investment was \$11million by government and \$11.75 million by Ateed.

Whilst we had fun, we owe a big thank you to the wonderful 3,200 volunteers who combined volunteered 75,000 hours to make sure it all work so well. And those of us who participated know how well organised it was. Thank you to all volunteers!

## 2017/18 MEMBERSHIP & RACK FEES ARE NOW OVERDUE

### The keypad code for 2017/18 has been changed

If you have not renewed yet you would not have received the new combination. Please renew now or you will not have access to the club facilities. If your kayak is stored at the club and you have not paid, it may be removed as boat storage spaces are in high demand. Not paying club fees but using club facilities and storage spaces is highly unfair to those who are paying on time!

You can renew your membership and rack fee online: [www.wcmc.org.nz/membership](http://www.wcmc.org.nz/membership)

<b>Individual Membership</b>	<b>\$150</b>
<b>Family:</b>	<b>\$200</b>
<b>Junior (under 18 at 1 June)</b>	<b>\$80</b>
<b>Rack Fee (kayak storage)</b>	<b>\$150</b>

See our website for Membership form and Bank Account details [www.wcmc.org.nz/membership](http://www.wcmc.org.nz/membership)

**Please Note:** All members, including Life Members, Committee Members and "Contra" please complete the online membership form for our record keeping purposes.

## New Members

A warm welcome to the following new members: Sarah Duff-Dobson, Theo Naude, Julia Cree

## CLUB KAYAK TRAINING

It's fun, social and extremely beneficial to you. We would love to see you there!

Please check Facebook for changes, additional info, etc, especially short-notice changes.

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6:00pm Wednesday - time trial/race. Plus see \*

\* 5.30pm Wednesdays for those doing the run at 7.00pm with Rob Howarth starting at Okura River walkway  
(Please check Facebook for changes or alternative run venue)

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8:00am Saturday - with Richard Couchman (Couchie) (Suggest you check with him)

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5.00pm Friday night of pain – with Shelby. (Please check Facebook for changes/cancellations)

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## BOOKING CLUB BOATS

- Use from the Club is free.
- Daily Hire away from the Club is \$50, with the inclusion of buoyancy aid, paddle and spray deck.
- Fibreglass boats must NOT be taken on rocky rivers.
- Any club boat that does not have a flip-up rudder on the stern (back) of the kayak must NOT be used on Grade 1 or Grade 2 rivers

### Club Hire Rules

- You must fill out the online form or contact the Club President – Vaughan Reed 021 612 753
- Pay for the hire before you take the boat and accessories.

As this is not a commercial venture but a service to the club members, we request that you report any damage to the boat or accessory equipment to the President immediately upon return of hire.

- Neglecting to do this will affect your right to hire equipment in the future.
- If any damage to club gear occurs during the period of your hire you must pay for the repairs.

## CLUB EXECUTIVES 2017/2018

President	Vaughan Reed	021 612 753
Vice President	John Nowak	
Treasurer	Sean Murphy	
Club Captain	Richard Couchman/Phillip Exter – job sharing	
Secretary/Admin	Erika Currie	027 4345946
Multisport - SHC	Alex Huffadine	
Multisport – other	Shelby Hyslop	
RIB Manager	Terry Newsome	021 0748485
Email	<a href="mailto:club@wcmc.org.nz">club@wcmc.org.nz</a>	

New Members: please contact any of the Executive for general information or assistance on club matters.

## SUBMARINES

Julio Mau-Asam

Please report any unscheduled/unintentional swims to the club administrator: [erika.currie@xtra.co.nz](mailto:erika.currie@xtra.co.nz)

