

CHRISTMAS PADDLE TO THE RIVERHEAD

Just nine guys turned up for the Christmas social paddle to The Riverhead on Sunday 4 December, a lovely sunny morning with not much wind. Fortunately, a good number of spouses, partners, family and friends, and some of us unable or too slow for an 18km race, arrived to welcome the paddlers at the jetty and some festive joviality under the sun umbrellas at The Riverhead. We had an enjoyable time – if you didn't come, cry in your beer now for missing out 😊

Those who paddled reported conditions on the water and the incoming tide made for a perfect Sunday morning's racing. Those of us gathered at the jetty watched in surprise, and awe, as this lone figure appeared from around the bend on the river and powered towards us. Surprise – it was Lance, a whole two minutes twenty seconds ahead of the next person – and smiling! Congratulations.



1. Lance Smith - 1:17
2. Paul Gillard - 1:19:20
3. Julian Brown - 1:19:30
4. Vaughan Reed - 1:19:40
5. Phil & Bruce - 1:22
6. Nikolai Gordon - 1:25
7. Pete Sharlott - 1:28
8. Paul Firchett - 1:33:15
9. Andrew Newick - 1:33:20

CRNZ BLUE LAKES 2 SPRINT REGATTA

A small number of WCMC members raced at Blue Lakes 2 over the weekend of 3 and 4 December. However, only two of them, Simon McLarin and Sean Murphy, raced for our club. Jordan raced for Poverty Bay, and Rochelle Austin and Rosie Thomb for North Shore.

Simon was 1st Masters K1 1000 meters Final A in 4:11:19, 2nd Masters K1 5km in 21:29:78, 5th Masters K1 1000 meters, and 8th in Masters K1 200 meters.

Sean was 4th in Masters K1 5km; 8th in Masters K1 1000 meters;

In Masters K2 1000 meters, Sean and Simon were 3rd in 4:30:65, and 5th in Masters 200 meters in 0:48:07

Jordan bagged 1st placings in K1 U18 1000 meters, U18 K1 5000 meters, and 5th U18 K1 200 meters for Poverty Bay, while Rochelle and Rosie earned medals for North Shore.

Congratulation to all, well done. Full results, including heats: <http://www.liveresults.co.nz/61>

AWARDS

End of a year is usually the time for various achievement awards, and end of 2016 was no exception.

CRNZ held their Annual Awards Ceremonies on the weekend of Blue Lakes 2 at Rotorua. Congratulations to the following club members who won awards:

- Jordan McLarin won Marathon Athlete of the Year
- Terry Newsome was recipient of an International Officiating Pin for 2016

For full list of awards and upcoming CRNZ Events see newsletter by clicking on the link below:

<http://campaign.labyrinth.co.nz/t/ViewEmailArchive/y/ED52A58CFB7FB606/C67FD2F38AC4859C/>

SPORT WAITAKERE EXCELLENCE AWARDS celebration was held at the Te Atatu Peninsula Community Centre on 26 November. Our club had nominated Jordan McLarin for the “Junior Sportsman of the Year” award. Bruce Stuart and Erika Currie represented the club, and to accept the award on behalf of Jordan who was away that weekend. My little acceptance speech remained a secret; the winner was Byron Chivers, MMA and Ju Jitsu, Oliver MMA Club, who is 2016 World Champion International Mixed Martial Arts Federation, three times Gi

NZG Champ, and NZ Representative at the World Ju Jitsu IBJJF Champs. However, Jordan was in fine company among the five finalists in his category – all of them high achievers.

Club member Nikolai Gordon had good reason to smile; he was awarded the Sporting Acknowledgement Award for Surf Lifesaving and, a bit later in the evening he was up on stage again – this time with fellow Bethells Beach Surf Life Saving Patrol members, accepting the Club of the Year Award. Congratulations Nikolai – and to your “other” club, Bethells.

Looking at all the awards presented and the smiles on so many happy and proud award recipients made us aware of the work Sport Waitakere does in fostering sport and acknowledging achievements within the Waitakere community. Bruce and I were impressed with all aspects of the awards evening; well organised, festive atmosphere, very good food. Clearly a lot of effort went into organisation and presentation to honour local achievement not only in sporting success but also acknowledging the many volunteers who devote much of their lives supporting athletes and clubs, yet are often overlooked when it comes to celebrating successes.

Having been involved in the nomination process, attended a couple of Sport Waitakere courses over the last few years and seen the wide variety of awards available, I encourage you to nominate achievers and volunteers in their chosen sports code. One of the main criteria is that the club or school is within the Waitakere area, and that the successes were achieved representing the club or school within Waitakere, or New Zealand if competed internationally.

Here are the award categories available:

- **Sporting Acknowledgement**
- **Excellence Awards:** Sport Volunteer of the Year; Administrator of the Year; Youth Leadership in Sport; Secondary School Team of the Year; Secondary School Sportsperson of the Year; Junior Sportswoman of the Year; Junior Sportsman of the Year; Pacific Island Achievement; Māori Achievement; Official of the Year; Coach of the Year; Club of the Year; Team of the Year; Sportswoman of the Year; Sportsman of the Year, and the Supreme Award.

<http://www.sportwaitakere.co.nz/Events/Sport-Waitakere-Excellence-Awards>

EVENTS CALENDAR

15 January	Rangitikei River Race, 50 or 28 km, grade 1-2
18 January	Ray Baker Series, 1 st of 6 consecutive races (Club)*
21-22 January	Red Bull Defiance, Wanaka
28 January	Taranaki Cycle Challenge – Around the Mountain
30 January	Around Herald Island Race - Auckl. Anniversary (Club) *
3-12 February	NZ Masters Games, Whanganui
5-11 February	The Pioneer MTB Christchurch – Queenstown
10-11 February	Kathmandu Coast to Coast
13 February	Tarawera Ultramarathon, Rotorua
17-19 February	NZCT Canoe Sprint Natl & Oceania Champs, Karapiro
25 Feb-4 March	GODZone Adventure Race, Queenstown
3-5 March	25 th Annual KASKNZ Seakaking Forum, Ponui Isl.
11-12 March	Absolute Wilderness Adventure Race, St Arnaud
26 March	The Dual, Motutapu/Rangitoto
31 March-2 April	Spirited Women, Women's Adventure Race Taupo
16-17 April	NZ Natl. Kayak Marathon Champs, Pupuke
21-30 April	World Masters Games, Auckland
13 May	The Nugget Waihi Multisport Event

HIGH TIDES

Sat 17 December	10.45
Wed 21 December	14.08
Sat 24 December	04.29
Wed 28 December	19.59
Sat 31 December	09.52
Wed 4 January	12.39
Sat 7 January	15.14
Wed 11 January	19.18
Sat 14 January	09.37
Wed 18 January	12.47
Sat 21 January	15.07
Wed 25 January	18.37

***Note:** more info about the Ray Baker Series and the Around Herald Island Race to follow in separate email in New Year. The Ray Baker series takes place on six consecutive Wednesday evenings, starting at 6pm from Clubrooms.

Start and finish place for the Around Herald Island race is Clubrooms.

NEW MEMBERS

A warm welcome to our new members:

Matthieu Moreaux

Drew Roberts

Julio Mau-Asam

WORLD MASTERS GAMES COMING TO AUCKLAND

21-30 April 2017



INTERESTED IN GROUP TRAINING?

Sunday morning at Lake Pupuke and "Friday night of pain" at the Club are suspended over the holiday period. The low numbers attending these training sessions were disappointing - was it due to the Sunday early morning (6am) start time at Lake Pupuke? Or ... ? We would like to know.

If interested and keen to attend group training sessions, please let us know by 9 January

Email us now: club@wcmc.org.nz

Please indicate any preferences, i.e. week day evenings, Sunday mornings and earliest start times, from club rooms, Lake Pupuke, or if you're keen to try other places for variety.

If enough paddlers are interested we're keen to get something going as soon as possible in the New Year. April will be here all too soon!

Meantime, anyone wishing to train with Sean is welcome to join in on any of the weekend sessions he is doing personally. Please email Sean directly: rhodos@ihug.co.nz

Join our club Facebook Group updates and other club activities

<https://www.facebook.com/groups/waitematacanoeandmultisportclub>

For more details and events go to

[HTTP://WWW.WCMC.ORG.NZ/EVENTS/WORLD-MASTERS-GAMES](http://www.wcmc.org.nz/events/world-masters-games)

[HTTP://WWW.WORLDMASTERSGAMES2017.CO.NZ](http://www.worldmastersgames2017.co.nz)

CLUB KAYAK TRAINING

It's fun, social and extremely beneficial to you. We would love to see you there!

6:00pm Wednesday - time trial/race

8:00am Saturday – informal, with Richard Couchman (Couchie)

CAR PARK

At last, Auckland Council has advised that work on re-designing and fixing our joint car parking space will commence in late summer. We have requested that this work be finished by 31 March as we want the car park to be useable well in time before start of the World Masters Games – in case we become the alternative venue for World Masters canoeing.

Unfortunately there is no “right” time that suits everybody for this work to be carried out, but it's high time the current mess of potholes and broken seal is being fixed. The temporary inconvenience will be worth it in the long run.

BOOKING CLUB BOATS

Use from the Club on Henderson Creek is free.

Daily Hire away from the Club is \$50, with the inclusion of buoyancy aid, paddle and spray deck.

Fiberglass boats must NOT be taken on rocky rivers.

Club Hire Rules

- You must fill out the online form or contact the Club President – Vaughan Reed 021 612 753
- Pay for the hire before you take the boat and accessories.
- Return all hired items to the club in a timely fashion – there may be others waiting to use them.

As this is not a commercial venture but a service to the club members, we request that you report any damage to the boat or accessory equipment to the President immediately upon return of hire.

- Neglecting to do this will affect your right to hire equipment in the future.
- If any damage to club gear occurs during the period of your hire you must pay for the repairs.

MEMBERSHIP AND KAYAK RACK FEES FOR 2016/17

Annual Fees (1 July – 30 June)

Individual	\$120
Family	\$160
Junior (under 18 at 1 June)	\$60
Associate (non active)	\$45
Rack Fee – Kayak Storage	\$120

Membership form and Bank Account details here: www.wcmc.org.nz/membership

CLUB EXECUTIVES 2016/2017

President	Vaughan Reed	021 612 753
Vice President	Matt Randell	
Treasurer – Acting	Phill Exeter	
Club Captain	Sean Murphy	
Secretary/Admin	Erika Currie	027 4345946
Multisport	Alex Huffadine	
RIB Manager	Terry Newsome	021 0748485
Email	club@wcmc.org.nz	

New Members: please contact any of the Executive for general information or assistance on club matters, or send us an email.

SUBMARINES



Please report any unscheduled/unintentional swims to our administrator: erika.currie@xtra.co.nz