

## AT THE RACES:

### KAYAK KRAZY 10KM KARAPIRO - held Sunday 5 August

Only three WCMC members travelled to Karapiro to race in this event – and they did our club proud.

#### **Masters Men 45-54**

1. Vaughan Reed 50.46
2. Sean Murphy 52.24

#### **Masters Men 55+**

1. Phill Exeter 56.12

Well done and congratulations.

Remember: 18 August for the 10km Championships at Rotorua – please see details further down this newsletter

## Club Rooms

**Door Code:** The code will be changed after the race on Wednesday 15 August. Those that have paid this club year's membership (thanks 😊) will be advised of the new combination – so look out for that notification.

**Roof Repair:** Please be aware that, weather permitting, replacement of the roof connecting the two buildings will be undertaken on Tuesday 14 August. Work will start early and may take all day. In the event that the weather is unsuitable the work will be deferred to another day.

## UPCOMING EVENTS UPDATE

### Kayak Krazy 10km Championship, Rotorua

Karen of CRNZ advised that entries for 10km Champs can be done via the **CRNZ entry system online**. Online entries close Thursday 16 August. If you haven't done them online then you'll need to fill in the paperwork on the day for each athlete.

The race will start at 11.00am on Saturday 18 August and registration opens at 10.00am.

Karen says: "Boyes Beach Reserve at Lake Okareka is looking good at the moment so the plan is to hold the event there as usual. If weather is bad on the day we may transfer to Lake Tikitapu (Blue Lake). We will send a notification out via the Canoe Racing NZ App to advise decisions so make sure you have this downloaded. Will also post on Facebook.

“To view points for the series see the NZ Paddlers Series Website. This has meant points are calculated differently to last year, but result is the same. For the purposes of the series points we will split the categories further into Tyros, U14, U16, U18, Open, Masters 35-44, 45-54 and 55+, 5km Ski/Other, 10km Ski/Other, Masters Ski/Other.”

### **ZEST Poor Knights Crossing, Tutukaka – Sat 1 September 2018**

The Poor Knights Crossing is a 30km open water paddle between the mainland and the Poor Knights Islands, which is also a marine park. This year’s major sponsor is Zest Brokers.

In ideal conditions, competitors and race craft are ferried out to the Poor Knights Marine Reserve on board Dive! Tutukaka boats and race a 30km course back to the finish line inside Tutukaka Harbour. But as the weather and sea state is an unpredictable beast on the picturesque Tutukaka Coast, there are several race course options depending on the prevailing winds. Paddlers could end up paddle out to the Poor Knights and get ferried back, or may even get to experience other secluded parts of the Northland coastline if conditions dictate a different plan on race day. Race is open to surf ski, Waka Ama and SUP. Entries are now open: [www.enternowonline.com/4331/events](http://www.enternowonline.com/4331/events)  
Facebook: [https://www.facebook.com/search/str/zest+brokers+poor+knights+crossing+2018/keywords\\_search](https://www.facebook.com/search/str/zest+brokers+poor+knights+crossing+2018/keywords_search)

These two accommodation providers at or very near the race venue are offering a 10% discount for all bookings on race weekend: Oceans Hotel Tutukaka [www.oceansresorthotel.co.nz](http://www.oceansresorthotel.co.nz) and Sands Motel, Tutukaka [www.sandsmotel.co.nz](http://www.sandsmotel.co.nz)  
Just email with the subject line “Zest Brokers PKC”. But be quick as!

Oceans Hotel will host the race briefing on Friday, August 31 and the post-race meal and prize giving on Saturday, Sept 1.

### **Futureproof Life Rodney Coast Challenge – Sunday 11 November 2018 – Entries Open NOW**

This being the 21<sup>st</sup> Birthday of this popular event, it’s bound to be special. Organised by the Kaukapakapa Scouts Group, the race traverses the Rodney district from Muriwai beach on the west coast to Wenderholm Regional Park on the east coast. It’s a family friendly event, with proceeds benefiting the Kaukapakapa Scouts Group.

Distances are; 10km forest run; 30km road bike; 25km mountain bike; 8km paddle down the Puhoi River; 100m dash to the finish.

Divisions are for individuals; and for teams of 2, 3 or 4 persons for both adult and youth categories.

All individual entry fees include an event T-shirt.

The winners of the July entry incentive prize were Karlos Stretch and Marc Hughes. If you missed out this time round don’t worry - you’ll be in the draw for the August incentive. So decide now to give this great race a go and enter now.

There is also the **Labyrinth Corporate Team Challenge** with a fantastic \$5,000 digital media package to be won!! ☺  
For more information and to enter, go to [www.rcc.org.nz](http://www.rcc.org.nz)

### **Rasdex Classic River Race – Sat 8 December 2018** (back-up day is Sun 9 December)

This event is a “MUST” for everybody doing the 2019 Coast to Coast race. You get to paddle the entire Coast to Coast kayak course on the Waimakariri River. It will give you a “feel” for what you can expect on C-C day, it’s great training in the “real stuff” and you get to enjoy the majesty of the mountains – if you get time to look around.

So mark this in your events diary; entries will open soon and we'll keep you informed. Meantime keep an eye out on [www.facebook.com/RasdexClassicRiverRace](http://www.facebook.com/RasdexClassicRiverRace) or [www.arawa.org.nz](http://www.arawa.org.nz)

There is also a three race Prologue Series on these dates:

- Prologue 1 Sunday 7<sup>th</sup> October
- Prologue 2 Sunday 4<sup>th</sup> November
- Prologue 3 Sunday 25<sup>th</sup> November

### [New Zealand Masters Games Whanganui 2019](#)

Entries to New Zealand's largest multi-sport event are now open!

[Register Your Place Now](#)

## EVENTS CALENDAR

11 August 2018	Whangamata Adventure Race
18 August 2018	10km Championships, Rotorua, <a href="http://www.canoeracing.org.nz/events">www.canoeracing.org.nz/events</a>
25-26 Aug 2018	Coromandel Classic
1 Sept 2018	Poor Knights Crossing, <a href="http://www.enternowonline.com/4331/events">www.enternowonline.com/4331/events</a>
16 Sept 2018	Cambridge-Hamilton kayak, <a href="http://www.theboatshed.net.nz/cambridge">www.theboatshed.net.nz/cambridge</a>
13 October 2018	Motu Challenge, Opotiki
13 October 2018	Blue Lakes 1, Rotorua, National Canoe Sprints
27 October 2018	Canoe Showdown, Warkworth
3 Nov 2018	Waikato 100, <a href="http://www.waikato100.kiwi/">http://www.waikato100.kiwi/</a>
11 Nov 2018	Rodney Coast Challenge, <a href="http://www.rcc.org.nz">www.rcc.org.nz</a>
1 Dec 2018	Blue Lakes 2, Rotorua, National Canoe Sprints
8 Dec 2018	Rasdex Classic River Race, Waimakariri River, Canterbury
16 Dec 2018	Race the Coast, Mt Maunganui
1-10 Feb 2018	NZ Masters Games, Whanganui – 30 <sup>th</sup> Anniversary Event
15 Feb 2019	NZCT Canoe Sprint Nationals, Karapiro
10-17 March 2019	Godzone 2019, <a href="http://www.godzoneadventure.com">www.godzoneadventure.com</a>
23 March 2019	The Dual, Motutapu Island <a href="http://www.thedual.co.nz">www.thedual.co.nz</a>

### High Tides

Sat 4 August	12.23/2.9m
Wed 8 August	16.18/3.1m
Sat 11 August	06.45/3.3m
Wed 15 August	10.19/3.5m
Sat 18 August	12.51/3.1m
Wed 22 August	16.38/2.8m
Sat 25 August	06.32/2.8m
Wed 29 August	21.35/3.2m
Sat 1 September	11.12/3.1m
Wed 5 September	14.52/3.00m
Sat 8 September	05.29/3.1m
Wed 12 September	21.27/3.5m
Sat 15 September	11.29/3.2m
Wed 19 September	15.04/2.8m
Sat 22 September	05.12/2.7m
Wed 26 September	20.27/3.2m
Sat 29 September	10.07/3.2m

### Waitemata Canoe & Multisport Club is officially 30!

The club was incorporated on 22 March 1988 and although it is a little late for the birthday celebration (I obviously am not looking at the certificate of incorporation often enough!) but the committee is thinking that we should have a little anniversary year celebration sometime soon. If you have any suggestion on what form that should take please let Erika know. Also, any indication whether you'd be interested in attending a celebration event, perhaps a dinner, would be appreciated.

### Want to keep up with the latest? Join us on Facebook

If you have not yet joined the club's Facebook group, please make a member request to be added – it's the best way to keep up to date with what's going on, last minute changes, and who is doing what and when. For example, if someone posts about doing a river trip it may be your opportunity to join in and get some extra training or put your Grade 2 paddling skills to test.

<https://www.facebook.com/groups/waitematacanoeandmultisportclub/>

## SEAN'S BIG CHALLENGE!!!!!!!

Sean has committed to the Massive Murray Paddle/Murray Marathon in Australia, a 404km race taking place from 19 to 24 November 2018. Not only is he doing it solo with his family as support crew, but he is also doing it to raise funds for our club to buy new club gear – primarily paddles and buoyancy aids.

On the club's Facebook page he wrote: "Yes I'm doing it solo! As part of entering I will be raising funds for the Waitemata Canoe & Multisport Club to help upgrade the club gear so put your hands in your pockets and sponsor me per km or just give a donation towards the effort remembering that all money raised will go to Waitemata Canoe & Multisport Club. Put your pledges up or you can deposit your donation directly into the clubs bank account just use **Sean404** as the reference. The race will be streamed over the net so watch out for the link. Race is from the 19th Nov to the 24th Nov, better get training now!" See full post: <https://www.facebook.com/groups/waitematacanoeandmultisportclub/>



Go Sean! Show them how it's done! With your determination you'll bring that River Trophy home with you to New Zealand!

Wishing you happy and injury-free training.

## The Paddling Film Festival – 21 Aug

The Paddling Film Festival is an international adventure film tour presenting the world's best paddling films of the year – whitewater, sea kayaking, canoeing, sup, action and lifestyle.

Kiwi Association of Sea Kayakers (kask), NZ Boardstore and Canoe and Kayak are hosting the event in Auckland.

Tickets are \$18 each and can be purchased online from academy cinemas

<https://www.academycinemas.co.nz/movie/paddling-film-festival>

## CRNZ NEWS

### NEW: SURF SKI AND MARATHON COMMITTEE

Canoe Racing New Zealand is forming a new committee group to look after and foster the sport of surf ski and marathon racing. Waitemata Canoe & Multisport committee sees the formation of this separate committee as a positive step by Canoe Racing New Zealand.

CRNZ is seeking expressions of interest from people keen to be part of this committee. The meetings will be mostly via Zoom or online, thus avoiding travel and lengthy meeting times.

If you're interested to be part of this new team and help the sport progressing, please register your interest direct with CRNZ.

Full information and an expression of interest form can be found on:

<http://www.canoeracing.org.nz/about-crnz/inside-crnz/notices/notice/skimarathon-committee>

## CLUB KAYAK TRAINING

Wednesdays is Club night; 5.30pm during winter, Wednesdays – usually 6km race, but maybe drills especially at low tide. **(New time for winter!)**

Saturdays: 8:00am sharp – join a keen group for a good and varied workout. Maybe go for coffee and chat afterwards at a local café. All welcome.

**Don't forget to check Facebook for changes, additions and short-notice training changes.**

<https://www.facebook.com/groups/waitematacanoeandmultisportclub/>

## COACHING

Plans for further coached paddling training sessions are in the pipeline. We're working on this and will bring you more information when the details are finalised.

## 2018/19 MEMBERSHIP & RACK FEES are now due

Individual Membership	\$150
Family:	\$200
Junior (under 18 at 1 June)	\$80
Rack Fee (kayak storage)	\$150

Please see website for Membership form and Bank Account/payment details [www.wcmc.org.nz/membership](http://www.wcmc.org.nz/membership)

**NOTE: The combination for door pads will be changed Wed 15 Aug after race!**

## RULES FOR USE OF CLUB BOATS

- Use from the Club (on Henderson Creek) is free. For use elsewhere a per day hire charge applies and must be booked and paid in advance.
  - Please treat club kayaks and gear as you would treat your own – or better.
  - Please return all club kayaks to their corresponding racks, and club paddles and buoyancy vests to far wall.
  - Please do not sit in kayaks when making adjustments while they're on cradles - it will damage them
  - Kayaks and surf skis with under-boat rudders require extra care – no sitting in them while on grass, ramp, or gravel – and don't run them up onto mud or sandbanks at low tides. Use pontoon for getting in and out of.
  - Daily Hire away from the Club is \$50 per day, with the inclusion of buoyancy aid, paddle and spray deck, though we encourage you to have your own to ensure a good fit.
  - Fibreglass boats must NOT be taken on rocky rivers.
  - Club boats that have an under-boat rudder must NOT be used on Grade 1 or Grade 2 rivers
  - Please report any damage to kayaks or accessories so that arrangement for repairs can be made.
- ❖ To help you select a kayak appropriate for your skill level, please refer to the club boat chart on the club gear wall, or the folder on the club room bench.
- ❖ Boats with the stability 1 are the tippiest; the higher the number the more stable.

### Hire Rules for club boats

- You must fill out the online form here: <http://wcmc.org.nz/club-info/kayak-hire> or contact the Club President – Vaughan Reed 021 612 753 (this is important to avoid double booking - even for club events.)
- Pay online for the hire before you take the boat and accessories.
- Return all gear promptly after use.
- Report any damage so that it can be fixed and the boat returned for others to use
- Air bags are the hirers' responsibility

## CLUB EXECUTIVES 2018/2019

President	Vaughan Reed	021 612 753
Vice President	Andrew Mowlem	
Treasurer	Sean Murphy	
Club Captain	John Nowak, with Richard Couchman assisting	
Secretary/Admin	Erika Currie	027 4345946
Multisport	Hayden Pirie	
RIB Manager	Terry Newsome	021 0748485
Email	<a href="mailto:club@wcmc.org.nz">club@wcmc.org.nz</a>	

New Members: please contact any of the Executive for general information or assistance on club matters.

## SUBMARINES

Had an unintentional swim lately? Don't forget to tell the club administrator: [erika.currie@xtra.co.nz](mailto:erika.currie@xtra.co.nz)

